

YAHOOO!	BOO-HOO	TOOT-A-LOO!
<p><i>Your wins, acknowledgements, risks taken, accomplishments, etc.</i></p> <p>CELEBRATE!</p>	<p><i>Your losses, unfinished goals, events that you didn't learn from. Not a place to beat yourself up but to acknowledge where you will make changes.</i></p> <p>WISDOM!</p>	<p><i>What you are letting go of, either people, tasks, habits that no longer serve you, old stuff in closets, etc.</i></p> <p>FREEDOM!</p>